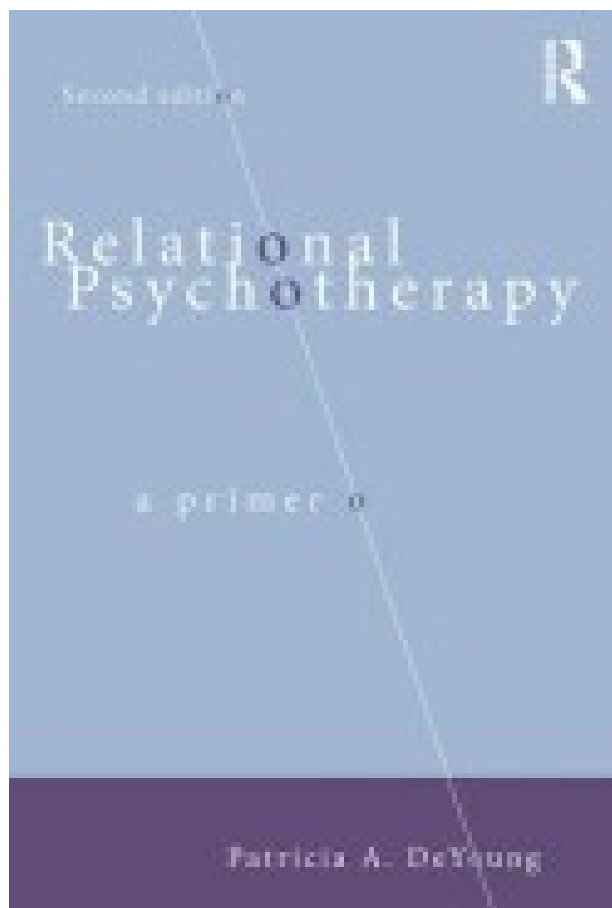


Relational Psychotherapy



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The new edition of Relational Psychotherapy offers a theory that's immediately applicable to everyday practice, from opening sessions through intensive engagement to termination. In clear, engaging prose, the new edition makes explicit the ethical framework implied in the first edition, addresses the major concepts basic to relational practice, and elucidates the lessons learned since the first edition's publication. It's the ideal guide for beginning practitioners but will also be useful to experienced practitioners and to clients interested in the therapy process.

Empati har hatt en lang historie i psykoterapi. For Freud (1921/1955) «spiller empati den største rolle i vår forståelse av det som er dypt fremmed for vårt ego. Biologisk teori dominerer litteraturen. At psykopati ikke kan behandles er en veletablert «sannhet» med historiske røtter. Benjamin Karpman (1948, s. 533.