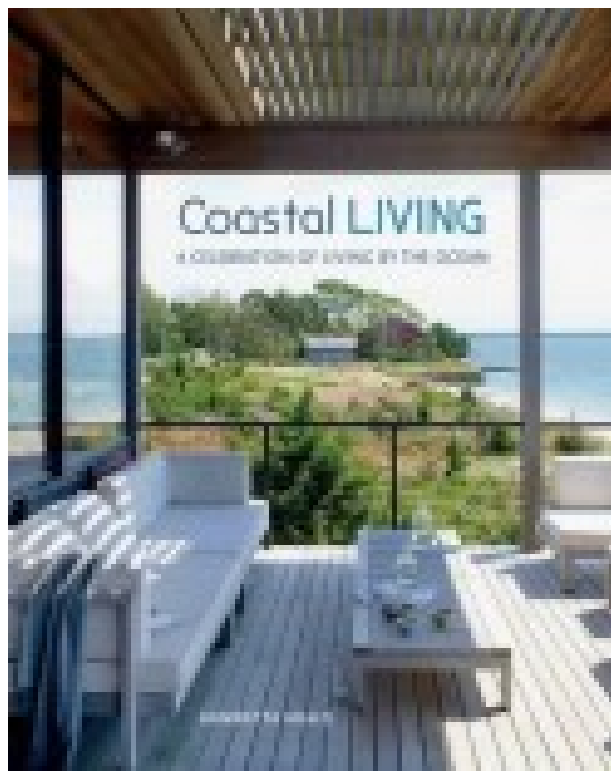


# Coastal living



<b>Forfatter:</b>	Henrietta Heald
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'Coastal Living' offers abundant inspiration for anyone lucky enough to live by the ocean, as well as those who can only dream of it. Divided into four chapters - classic, contemporary, casual and country-style - Coastal Living visits homes scattered all over the globe, from Denmark to Mexico. These shoreside dwellings boast a rich variety of different architecture and interior styles, but they all share a similar spirit.

All are beautiful but practical, featuring bare wooden boards, uncurtained windows open to the morning sun, and furnishings covered in robust linen or cotton that can endure exposure to salt water and the sun's fierce rays. Many of them feature nautical-themed accessories or draw inspiration from beachcombing, displaying shells and driftwood to feel close to nature and the sound of the waves. Whatever the style, their interiors speak of a relaxed, informal, carefree lifestyle where the boundaries between inside and out are blurred.

The book also features insightful essays on some of the traditions and characteristics of the coastal lifestyle, such as the story of surfing, decorating with beach finds, plants for coastal gardens, living with nautical maps and charts, and more. Interspersed throughout are recipes for delicious and healthy seafood dishes that will allow you to make the most of the daily catch as well as evocative quotations from great writers extolling the drama and majesty of the ever-changing ocean.

I hjertet av Helgeland blant trollfjell og sagn, finner du Turid Grov Glasskunst AS. Sandnessjøen, Alstahaug kommune, er tilholdsstedet for glassverkstedet og butikken. beate Telemark, Norway Jeg er 40 år, og jobber

som pedagog. Jeg er gift og har to barn på 14 og 8 år. Vis hele profilen min This delightful oasis of calm by the sea nestles in the heart of the Cilento National Park, along a wonderful stretch of coastline, between Punta Licosa and San Marco. When ecosystems fundamentally change, current harvest levels may not be sustainable and knowledge-based management may no longer be valid. How can researchers. Har du lyst til å bli med en liten tur inn i verkstedet mitt? Her er en liten film som viser noen av prosessene som hvert smykke må gå igjennom før det er ferdig. Historisk nøtteknekking er interessant, ikke bare som i Roar Øyens tilfelle, som tidtrøytte i form av folkelige julenøtter i fjernsynet. Slektsforskerne spør seg.