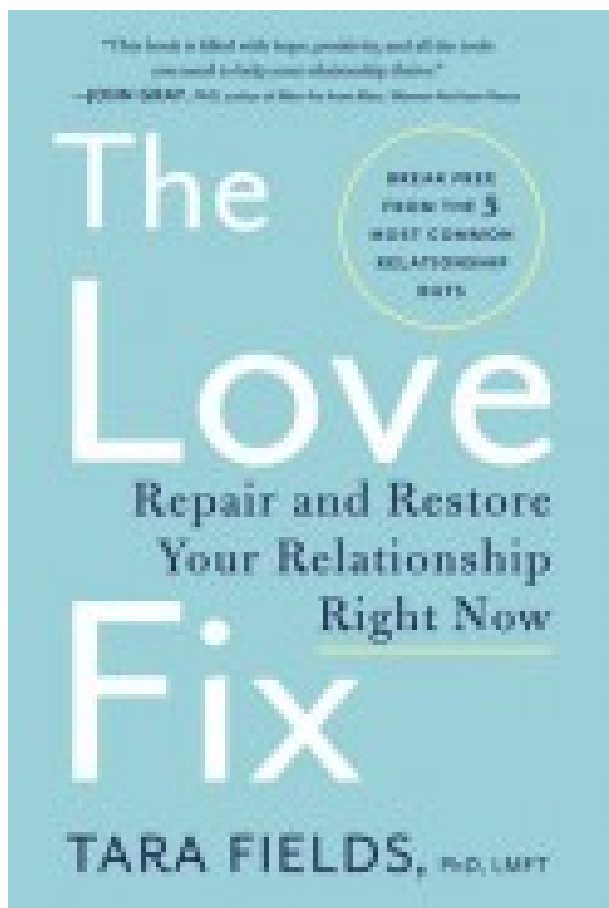


The Love Fix



Forfatter:	Tara Fields
Forlag:	HarperCollins Publishers Inc
Sprak:	Engelsk
Antall sider:	288
ISBN/EAN:	9780062407214
Kategori:	E-bøker
Utgivelsesår:	2015

[The Love Fix.pdf](#)

[The Love Fix.epub](#)

All couples argue, but how do some couples get to what seems like the point of no return? Licensed marriage and family therapist Dr. Tara Fields has spent more than twenty-eight years working with couples, and she has discovered that there are five common conflict loops that couples fall into—and three steps to getting past having the same fights over and over again and onward to building a relationship where each partner feels heard, understood, respected, and loved. These steps include: * Recognizing the conflict loop at play* Exploring past and present fears* Creating opportunities to get in touch with the deepest needs of both partners in order to find new gratitude, respect, and trust Change comes with awareness. When you're present in the moment, conflict with your partner can become an opportunity to work through unresolved issues and to learn more about each other it can even become a way to grow closer.

In *The Love Fix*, Fields shares her tested and proven tools to help build stronger relationships, including: * Insight from real couples who have repaired their relationships * Self-assessment quizzes to get to the root of the problem * Practical 3-Minute Fixes you can start using immediately * HEARTwork exercises to help you dig deeper in order to reconnect It's never too late to reignite your passion and to restore the love between you and your partner. Stop rehashing the same issues, figure out what you're really fighting about, and start enjoying a happier, stronger relationship today.

Above the Clouds (feat. Sophie Amalie) 30. AMANDA 20 år, Trondheim Drive et firma spill. Klikk på et bilde for å spille spillet! Nylig spilt Favoritter. Action; Dyr; Eventyr; Ferdighet; Flere spillere; Jenter; Racing Ny musikk uke 06 02/10/2017 Her er ukens nye låter på The Beat. Tungevaag & Raaban feat. Clara Mae – Wake Up Alone Nabiha – Young DVBBS & CMC\$ feat.

Velkommen! Dette er nettsidene som tilhører bøkene Gnistrende undervisning og Gnistrende samarbeid.

Her finner du ressurser som er tilknyttet bøkene. You know you love me, I know you care Just shout whenever, and I'll be there You are my love, you are my heart And we would never ever ever be apart KICKS har Norges største utvalg innen makeup, duft, hudpleie og hårpleie. Våre erfarne makeupartister, hudpleiere, og skjønnhetsekspertter hjelper deg med å velge. KICKS har Norges største utvalg innen makeup, duft, hudpleie og hårpleie. Våre erfarne makeupartister, hudpleiere, og skjønnhetsekspertter hjelper deg med å velge. Alle ingredienser til det moderne kjøkken. Kjøkkenet er hjemmets hjerte. Kombiner både design og funksjonalitet med det siste fra Iittala, Hackman, Georg Jensen.

Alt du trenger å vite om festivaler – året rundt. Hjem; Norske festivaler; Utenlandske festivaler; Om tjenesten; Norske festivaler. Her finner du en komplett. Jeg synes alltid at pinsen er en skikkelig bonushelg, for den kommer like overraskende på hvert år.

Vi har brukt dagen til å kose oss med familiebesøk, god mat og.